

NEWS RELEASE CGX ENERGY INC. (TSX-V | OYL) January 17th, 2020

CGX Energy Announces Stock Option Grant

Toronto, Canada, January 17th, 2020 - CGX Energy Inc. ("CGX Energy" or the "Company"), announces the granting of incentive stock options to purchase 1,510,000 common shares of the Company (the "Options"), subject to regulatory approval. The Options were granted on January 17, 2020 pursuant to the Company's stock option plan and are exercisable at a price of \$0.71 per share, and are set to expire on January 17, 2025. The Options vest as follows: (a) one-third of the Options vest immediately; (b) one-third of the Options vest on the six month anniversary of when the Options were granted; and (c) and the remaining one-third of the Options vest on the first anniversary of when the Options were granted, subject to a vesting acceleration clause under certain events.

About CGX Energy

CGX Energy is a Canadian-based oil and gas exploration company focused on the exploration of oil in the Guyana-Suriname Basin.

NEITHER THE TSX VENTURE EXCHANGE NOR ITS REGULATION SERVICES PROVIDER (AS THAT TERM IS DEFINED IN THE POLICIES OF THE TSX VENTURE EXCHANGE) ACCEPTS RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE

Forward-Looking Statements:

This news release contains forward-looking statements. Forward-looking statements are frequently characterized by words such as "plan", "expect", "project", "intend", "believe", anticipate", "estimate", "may", "will", "would", "potential", "proposed" and other similar words, or statements that certain events or conditions "may" or "will" occur in the future. These forward-looking statements are based on certain key expectations and assumptions made by CGX Energy. CGX Energy believes the expectations and assumptions on which it develops forward-looking statements are reasonable; however, undue reliance should not be placed on forward-looking statements as there can be no assurance they will prove to be correct. Since forward-looking statements address future events and conditions, by their very nature they involve inherent risks and uncertainties. Actual results could differ materially from those currently anticipated due to a number of factors and risks. In addition, other risks that may affect the forward-looking statements in this news release are outlined further in the Company's most recent Annual Information Form on SEDAR at www.sedar.com.

The forward-looking statements contained in this news release are made as of the date hereof and CGX Energy undertakes no obligation to update publicly or revise any forward-looking statements or

information, whether as a result of new information, future events or otherwise, unless so required by applicable securities laws.

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